



## Kay Trowbridge

April 26, 1936 - July 23, 2018

Kay passed away on Monday, July 23, 2018 surrounded by her loving family. Kay was born in Salt Lake City April 26, 1936, and grew up in the Avenues.

She graduated from East High and excelled in cheerleading and dance. She loved to dance from the time she could walk. Kay became a distinguished ballet dancer in Utah and, for one season, with the San Francisco ballet. While at the University of Utah she was a lead in the Nutcracker, Swan Lake, The King and I, and Red Riding Hood ballets. The Salt Lake Tribune named her the “Best in Utah” during her career. Later, she held ballet classes in her dance studio at home and taught several hundred young women. Her directors and dance partners were disappointed when she gave up ballet to start her family. But in her words, “Bill stole my heart, and I gave mine freely to him.” She was married September 13, 1956, in the Salt Lake Temple to William (Bill) V. Trowbridge, Sr., and had six children.

Despite having all boys, she lived a long and full life, inspiring and leading many through organizations including the Duchesne County School Board and PTA, Little League Baseball, and Provo Youth Development among others. Kay was a devoted member of the LDS Church and served in many leadership capacities. Kay also served with her husband on LDS missions to Amman Jordan, Geneva Switzerland, the Provo MTC and the Joseph Smith Memorial Building.

Kay loved people and excelled in bringing them together for parties and events. She was also a gifted writer and calligrapher. Many wrote her letters so they could enjoy the poetic prose and beautiful penmanship included in her responses.

Kay is survived by her husband of 62 years who was at her side and dedicated completely to her through her long illness. She is also survived by her six sons: Bill Jr. (Terri), Ken (Terri), John (Natalie), Jim (Kristin), Guy (Keri) and Gary (Amy); twenty-six grandchildren and twenty-five great grandchildren. She was preceded in death by her parents Robert and Elaine Ford, and two grandsons, Tyler and Justin.

The family wishes to express thanks to all medical professionals (especially Elevation Hospice), neighbors and friends who provided exceptional care and service during her final years.

Funeral Services will be held Friday, July 27th, at 11:00 am, at the Suncrest 6th Ward, 891 West 130 North, Orem, Utah, where Viewings will be held Thursday, July 26th from 6:00 to 8:00 pm and prior to services on Friday from 9:30 to 10:30 am. Interment in Lakeview Memorial Cemetery, 1640 East Lakeview Drive, Bountiful, Utah.

Funeral Directors: Utah Valley Mortuary.

# Cemetery

## Lakeview Memorial Cemetery

1640 East Lakeview Drive  
Bountiful, UT, 84010

# Events

JUL 26	Viewing	06:00PM - 08:00PM
	Suncrest 6th Ward	
	891 West 130 North, Orem, UT, US, 84057	
JUL 27	Viewing	09:30AM - 10:30AM
	Suncrest 6th Ward	
	891 West 130 North, Orem, UT, US, 84057	
JUL 27	Funeral Service	11:00AM - 12:00PM
	Suncrest 6th Ward	
	891 West 130 North, Orem, UT, US, 84057	

# Comments

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“ July 26, 2018

To Bill Trowbridge, your sons and all of your family:

Your dear wife and mother (grandmother etc.) was a very dear friend of mine back in the days at East High School. Especially our Senior year. Kay was a wonderful Head Cheerleader, and brought a lot of spirit to our sports activities and some assemblies. I served as the Student Body Vice President and was involved in a lot of school activities and know the very spirited and friendly person Kay was. We even had one date together going to a movie and the Centre Theater. Kay wrote some nice thoughts in my Senior Yearbook, a nice friendly note.

We lost contact after graduation as so often happens after public education ends. I appreciated the lovely comments of her life that your family expressed.

I know that our Heavenly Father loves His daughters, especially those who sacrifice personal desires for the noble blessing of being a mother. May His sweet Spirit fill all of your lives now and may Kay's wonderful life be a great legacy and memory to you all.

Ronald L. Culverwell, East High School Class of 1954

Ronald L. Culverwell - July 26, 2018 at 06:40 PM

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“ I was sad to see that Jim's mom passed away. Sounds like she was a great lady. My mom died a couple months ago so I can relate to how you're feeling. It's hard to let them go but sweet to think of the happy reunions on the other side. Best wishes to you Kristin, Jim, and your family as you go through this difficult time. We love you guys! -Carolyn Harvey

Carolyn Harvey - July 25, 2018 at 10:42 AM